## Four Levels of Torah Study Developed by Rabbi Nahum Ward and his Torah Study Class, January 1990

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|   | 4   |   |  | W  |  | 8   |   | -                    |             |
|   | Sod<br>"mystical"<br>"secret"   |   | "expound"<br>metaphorical  | Drash  | "hint"   | Remez   | "simple" or<br>"plain"<br>historical  | Pshat                | Hermeneutic |
| 1   | Atzilut<br>Soul   |   | Mind   | B'riyah  | Heart  | Yitzerah  | Body  | Worlds               | Four        |
|   | Fire<br>Spirit  | • .   | Intellect  | Air  | Feelings   | Water   | Action  | Character<br>Farth   | Element     |
| soul talk of text   | mystical, secret, hidden<br>meaning of text<br>deep meaning of text   |   | What comes to awareness?   | What is the pattern?                           | reading between the lines hints to something else  | reading the white   | reading the black   | Relationship to Text |             |
| Open ourselves up to God's wisdom  Opening to Who is it in us that knows.   | Opening of Self in relationship to God, partners with God Letting go  | remind you of? What issues and questions does it bring up for YOU? Look for something in this that reminds you of something else. Analogize, generalize | gezarah shav<br>similar form elsewhere<br>What text or other event does this | Search for parallel text-                      | Explore your heart's connection to the text.  Write down what comes up for you in Torah narrative.  Explore in Torah narrative.  | Take all the pshat into your hearts.                      | Retell story.  What elements strike you?  Any surprises?  | Method               |             |
| Ask God to be present inside and join you in being with ext. Meditate or write what comes. Allow deeper part of yourself to come up.  How does God want me to be in this situation? | Letting a deeper part of ourselves come into the process. Enter meditative state. How are we supposed to carry this story back into our lives? What is God teaching us? |   | What interests you in text? Explore your reaction.                           | What is this text calling into your awareness? | about? Inquire more about one of these questions. Imagination is God-given. Go into archives of our own imagination. Expand on text. Fill in white spaces between words and letters. Develop narrative of text.  Write down, draw, dance, etc. | Investigative reporter What is it you'd like to know more | What happened? Refell story in own words, What catches your attention?  Go back to text for answers to questions. | God's Witness        |             |

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Remez Heart Feelings Accept Drash Mind
Awareness Sod Soul Meditative Release